



Self-Regulation and Behavior Strategies Series

***Self-Regulation: Why Can't They Just Be Still?**

A workshop that provides a better understanding about why some children can't self-regulate, how to improve self-regulation skills, and strategies for classroom management

***The Importance of Play**

A workshop to share information about the importance of play on brain development in young children

***Behavior Management for Parents and Educators**

A workshop of strategies to improve behavior and increase coping skills

***Creating a Brain Compatible Classroom**

Information will be shared about brain development and strategies that can be implemented in every lesson that will improve memory and learning.

***Enhancing Brain Development in Young Children**

Graduate level course that was developed and taught to educators about how brains develop, why they are developing differently today, and how parents and educators can nurture brain and child development that will allow for future success in life