# Read-Alouds for Children Compliments of Skills2Soar, LLC (www.skills2soar.com)

## **Anxiety/Worries**

Buron, Kari Dunn. When My Worries Get Too Big!: A Relaxation Book for Children Who Live with Anxiety. Shawnee Mission, KS: Autism Asperger Pub., 2013. Print.

Cook, Julia, and Anita DuFalla. *Wilma Jean the Worry Machine*. Chattanooga, TN: National Center for Youth Issues, 2012. Print.

Danningberg, Julie, and Judith DuFour Love. *First Day Jitters*. Watertown, MA: Charlesbridge, 2000. Print.

Finchler, Judy, and Kevin O'Malley. *Testing Miss Malarkey*. New York: Walker, 2003. Print. (test anxiety)

Henkes, Kevin. Wemberly Worried. New York: Greenwillow, 2010.

Penn. Audrey. The Kissing Hand. 1993.

Verburg, Bonnie. The Kiss Box. 2011. (missing parent)

# Bullying/Teasing/Recess/Cafeteria Issues

Allison, Catherine, and Kim Geyer. The Bully and the Shrimp. New York, NY: Parragon, 2014. Print.

Berenstain, Stan, and Jan Berenstain. *The Berenstain Bears and the In-crowd*. New York: Random House, 1989. Print.

Binkow, Howard, and Susan F. Cornelison. *Howard B. Wigglebottom Learns about Bullies*. Los Angeles, CA: Thunderbolt, 2008. Print.

Binkow, Howard, and Sue Cornelison. *Howard B. Wigglebottom Learns about Sportsmanship: Winning Isn't Everything*. Marina Del Rey, CA: Thunderbolt Pub., 2011. Print.

Binkow, Howard, and Sue Cornelison. Howard B. Wigglebottom Learns It's Okay to Back Away. Marina Del Rey, CA: Thunderbolt Pub./We Do LIsten Foundation, 2010. Print.

Burnett, Karen Gedig., and Laurie Barrows. Simon's Hook: A Story about Teases and Putdowns. Roseville, CA: GR Pub., 2000. Print.

Cook, Julia, and Anita DuFalla. *A Bad Case of Tattle Tongue*. Chattanooga, TN: National Center for Youth Issues, 2006. Print.

Cook, Julia, and Anita DuFalla. *Bully B.E.A.N.S. C*hattanooga, TN: National Center for Youth Issues, 2009. Print.

Cook, Julia, and Anita DuFalla. *Cliques Just Don't Make Cents!* Boys Town, NE: Boys Town, 2012. Print.

Cook, Julia, and Anita DuFalla. *Peer Pressure Gauge*. Boys Town, NE: Boys Town, 2013. Print.

Mulcahy, William, and Darren McKee. Zach Apologizes. Minneapolis, MN: Free Spirit Pub., 2012. Print.

Naylor, Phyllis Reynolds., and Nola Langner Malone. *King of the Playground*. New York: Atheneum, 1991. Print.

O'Neill, Alexis, and Laura Huliska-Beith. *The Recess Queen*. New York: Scholastic, 2002. Print.

Penn, Audrey, and Barbara Gibson. *Chester Raccoon and the Big Bad Bully*. Terre Haute, IN: Tanglewood, 2008. Print.

Ransom, Jeanie Franz, and Jackie Urbanovic. *Don't Squeal Unless It's a Big Deal: A Tale of Tattletales*. Washington, D.C.: Magination, 2006. Print.

Sornson, Bob, Maria Dismondy, and Kim Shaw. *The Juice Box Bully: Empowering Kids to Stand up for Others*. Nortville, MI: Fern, 2014. Print.

# **Executive Function/Organization**

Almarode, John, and David Norcross. *Dylan Discovers His Brain!* Bloomington, IN: AuthorHouse, 2010. Print.

Hallowell, Edward M., and Bill Mayer. A Walk in the Rain with a Brain. New York: HarperCollins, 2004. Print.

Keane, David, and David Clark. *Bobby Bramble Loses His Brain*. New York: Clarion, 2009. Print.

Kraus, Jeanne R., and Charles Beyl. *Annie's Plan: Taking Charge of Schoolwork and Homework*. Washington, D.C.: Magination, 2007. Print.

## <u>Feelings</u>

Cain, Janan. The Way I Feel. Parenting Press: Seattle. 2000.

Shapiro, Sanford. A Light Within. 2017.

## Flexible Thinking/Reframing

Cook, Julia, and Kelsey De Weerd. *I Just Want to Do It My Way!* Omaha: Boys Town, 2014. Print.

Giff, Patricia Reilly. Today Was a Terrible Day. 1984

Rosenthal, Amy Krouse., and Tom Lichtenheld. *Duck! Rabbit!* San Francisco: Chronicle, 2009. Print.

Steig, William. Spinky Sulks. New York: Square Fish, 2011. Print.

## Gifts and Talents

Andreae, Giles, and Guy Parker-Rees. *Giraffes Can't Dance*. New York: Cartwheel, 2015. Print

Kraus, Robert, and Jose Aruego. Leo the Late Bloomer. New York: Windmill, 1971. Print.

## **Honesty**

Binkow, Howard, and Susan F. Cornelison. *Howard B Wigglebottom and the Monkey on His Back: A Tale about Telling the Truth.* U.S.A.: Thunderbolt, 2012. Print.

# Kindness/Empathy/Perspectives

Binkow, Howard, and Sue Cornelison. Howard B. Wigglebottom Listens to His Heart. Marina Del Rey, CA: We Do LIsten, 2008. Print.

Donaldson, Julia, and Axel Scheffler. *The Spiffiest Giant in Town*. S.l.: Puffin, 2005. Print.

Otoshi, Kathryn. *One.* 2008

McCloud, Carol, and David Messing. Have You Filled a Bucket Today?: A Guide to Daily Happiness for Kids. Northville, MI: Ferne, 2006. Print.

Sornson, Bob. Stand in My Shoes Kids Learning About Empathy. Paw Prints, 2013. Print.

Williams, Vera B. A Chair for My Mother. Washington, D.C.: Teaching Strategies, 2010.

Print.

Elizabeth Verdick, Marieka Heinlen. Words Are Not For Hurting. Free Spirit Publishing, 2009.

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## Learning Differences

Elder, Jennifer, and Marc Thomas. *Different like Me: My Book of Autism Heroes*. London: Jessica Kingsley, 2006. Print.

Gehret, Jeanne and Depauw, Sandra. *The Don't-Give-Up-Kid and Learning Differences*. 1996

Lester, Helen, and Lynn Munsinger. Hooway for Wodney Wat. 1999,

Lester, Helen, and Lynn Munsinger. Tacky the Penguin. Boston: Sandpiper, 2010. Print.

Levine, Melvin D., and Daisy De Puthod. *All Kinds of Minds: A Young Student's Book about Learning Abilities and Learning Disorders*. Cambridge, MA: Educators Pub. Service, 1993. Print.

Moore-Malinos, Jennifer. It's Called Dyslexia. Barron's Educational Services, 2007.

Oelschlager, Vanita. Knees: The Mixed-Up World of a Boy With Dyslexia. 2012.

Pfister, Marcus and James, J. Alison. The Rainbow Fish. 1999

Polacco, Patricia. Thank You, Mr. Falker. New York, NY: G.P. Putnam's Sons, 2012. Print.

# Perseverance and Resiliency

Cook, Julia, and Anita DuFalla. *Don't Be Afraid to Drop!* Chattanooga, TN: National Center for Youth Issues, 2008. Print.

Dismondy, Maria, and Kimberly Shaw-Peterson. Spaghetti in a Hot Dog Bun: Having the Courage to Be Who You Are. Wixom, MI: Making Spirits Bright, 2008. Print.

Gassman, Julie, and Sarah Horne. You Get What You Get. NY: Scholastic, 2013. Print.

Jones, Charlotte Foltz. Mistakes That Worked: 40 Familiar Inventions and How They Came to Be. 1991.

Lovell, Patty. *Stand Tall, Molly Lou Melon*. Place of Publication Not Identified: Putnam Pub Group, 2006. Print.

Henkes, Kevin. Chester's Way. 1997.

Henkes, Kevin. Chrysanthemum. 2008.

Henkes, Kevin. Lily's Plastic Purse. 2006.

Pett, Mark and Gary Rubenstein. The Girl Who Never Made Mistakes. 2011.

Piper, Watty. The Little Engine That Could. 1986.

Viorst, Judith, and Ray Cruz. Alexander and the Terrible, Horrible, No Good, Very Bad Day. NY, NY: Little Simon, 2014. Print.

## Respect and Manners

Aliki. Manners. New York: HarperTrophy, 1997. Print.

Berenstain, Stan, and Jan Berenstain. *The Berenstain Bears Forget Their Manners*. United States: Paw Prints, 2009. Print.

Bridwell, Norman. Clifford's Manners. London: Scholastic, 2011. Print.

Brown, Marc Tolon., and Stephen Krensky. *Perfect Pigs: An Introduction to Manners*. New York: Trumpet Club, 1989. Print.

Bunting, Eve and Ronald Himler. The Wall. 1992.

Jeffers, Susan. *Brother Eagle, Sister Sky: a message from Chief Seattle*. Puffin Books: 2002.

Keller, Laurie. *Do Unto Otters: (a Book about Manners)*. New York: Square Fish, 2009. Print.

Lester, Helen, and Lynn Munsinger. *Me First*. Boston: Houghton Mifflin Harcourt, 2013. Print.

Wood, Douglas, and Cheng-Khee Chee. Old Turtle. 2007.

# Self-Control/Regulation/Behavior/Listening

Binkow, Howard, and Susan F. Cornelison. *Howard B Wigglebottom Blends in like Chameleons: A Fable about Belonging*. U.S.A.: Thunderbolt, 2011. Print.

Binkow, Howard, and Susan F. Cornelison. *Howard B. Wigglebottom Learns to Listen*. U.S.A.: Thunderbolt Pub., 2005. Print.

Carlson, Nancy L. This Morning Sam Went to Mars: A Book about Paying Attention. Minneapolis, MN: Free Spirit, 2013. Print.

Cook, Julia. Be Where Your Feet Are! Chattanooga, TN: National Center for Youth Issues, 2018.

Cook, Julia, and Anita DuFalla. *Decibella and Her 6-inch Voice*. Boys Town, NE: Boys Town, 2014. Print.

Cook, Julia . I Just Don't Like the Sound of No! 2011.

Cook, Julia and Carrie Hartman. It's Hard to Be a Verb! 2008.

Cook, Julia, and Carrie Hartman. My Mouth Is a Volcano! Chattanooga, TN.: National Center for Youth Issues, 2005. Print.

Cook, Julia, and Carrie Hartman. *Personal Space Camp.* Chattanooga, TN: National Center for Youth Issues, 2007. Print.

Cook, Julia and Kelsey De Weerd. *The Worst Day of My Life Ever! (Best Me I Can Be).* 2011.

DiOrio, Rana, and Eliza Wheeler. What Does It Mean to Be Present? San Francisco, CA: Little Pickle, 2010. Print.

Smith, Bryan, and Lisa M. Griffin. What Were You Thinking?: A Story about Learning to Control Your Impulses. Boys Town, NE: Boys Town, 2016. Print.

Stover, Jo Ann. If Everybody Did. Greenville, SC: Bob Jones UP, 1989. Print.

# Trauma/Death

Cook, Julia, and Anita DuFalla. *Grief Is like a Snowflake*. Chattanooga, TN: National Center for Youth Issues, 2012. Print.

Holmes, Margaret M., Sasha J. Mudlaff, and Cary Pillo. *A Terrible Thing Happened*. Washington, DC: Magination, 2000. Print.

Thomas, Pat. I Miss You: A First Look at Death. 2000.

Varley, Susan. Badger's Parting Gifts. London: Andersen, 2013. Print.

Viorst, Judith, and Erik Blegvad. *The Tenth Good Thing about Barney*. New York: Atheneum for Young Readers, 2016. Print.